

# Prof's **WINTER MENU**

## KID'S MENU & SMALL PLATES

### Toasted Sandwich

Choice of two flavours on house-made French Loaf  
Ham, Cheese, Onion, Tomato, & Pineapple  
\$1 for each extra flavour 8  
(Gluten Free option available)

### Heartstopper Bread

Cheesy garlic house-made bread on steroids 8

### Creamy Mushrooms

Creamy mushrooms with spinach & bacon on toast  
Half portion -12  
Full portion -19

### Chicken Nuggets

With fries & tomato sauce 8

### Beer battered Fries

With aioli, tomato sauce or chipotle salsa 10  
(Gluten Free regular fries available)

### Mini Pancakes

Three Vanilla pancakes served warm with stewed fruit, vanilla bean ice-cream and honey drizzle 12

## MAINS

### Seafood Chowder

Served with Ciabatta bread 24

### Prof's Egg Benedict #

Poached *free-range* eggs, potato rostis, wilted spinach, hollandaise sauce 18

### Big Breakfast #

*Free range* poached eggs, ciabatta, with bacon, tomato, Portobello mushroom, Kransky sausages, herbed potato rostis & baked beans with house-made chutney 29

### Savoury French Toast

Egg Fried Ciabatta with Manuka smoked bacon, fresh rocket, sliced camembert, fig & pear compote with a splash of balsamic oil & pine nuts 23

### Portobello Stack #

Our signature dish - Portobello mushrooms, herbed potato rostis, tomato, spinach, with our cashew nut aioli – Vegan 23

### Smoked Salmon Tagliatelle

Creamy wide ribbon pasta with a creamy basil sauce, finished with toasted cashews & parmesan shavings 20

### Steak, Egg & Chips #

200g grilled Sirloin, soft poached egg, beer battered fries & onion rings  
Served with our home-made garlic & herb butter and side salad 30

### Pork Belly with Asian Broth

Prof's Asian inspired broth & vegetables with crispy fried pork belly and crispy shallots 24

### Super Salad #

Bursting with colourful goodness – balsamic roasted beetroot, orange, baby spinach, candied nuts, cranberries, capsicum, pickled red onion, black raspberry vinaigrette & cashew nut aioli

Choose haloumi or tofu (Vegan) 20

Swap out for Smoked Chicken 24

### Crêpes

Banana, bacon, vanilla orange mascarpone, berry coulis, toasted almonds & maple syrup  
(Gluten Free) 18

### Pumpkin and Chickpea Curry

Served with steamed rice, poppadom and coconut yoghurt – Vegan 20

## # ADDITIONS

Hash Brown 2 Grilled Tomato 3 Mushroom 5 Bacon 5  
Cold Smoked Salmon 6  
Smoked Chicken 6

## LOOKING AFTER YOU

Let us know if you have any dietary requirements or allergies. Most meals coeliac and/or vegan friendly on request

## SWEET TREATS

Check out our cabinet for ever-changing sweets. All served with cream or yoghurt  
Vanilla ice cream \$2 extra

### Affogato

Vanilla ice cream with a double shot of espresso coffee. Be naughty and add a liqueur 7/12

### Liqueur Coffee

Double shot coffee, liqueur of your choice, whipped cream 12

## Prof's DRINKS

### WINES

Prices for 150ml standard/200ml generous/bottle

#### Mimosa 8

Prosecco & orange juice

#### Bubbles

Deutz Methode Traditionelle Brut 62/bottle

HouseProsecco 10/50

Lindauer 10

Brut/Sauv/Fraise 200ml

#### White

House Sauv. Blanc 9.5/13/46

HouseChardonnay 10.5/14/51

House Pinot. Gris 9.5/13/46

Rose House Rose 8.5/11/45

Red House Merlot 12/15.5/58

Light (9.5%) Wither Hills Sauv. Blanc 8/11/40

### BEERS & MORE

#### On Tap

Craft beers/cider 11/glass 20/jug

Taster flight of 3 local beers/ciders 15

#### Beer

Corona 9

Heineken 9

Waikato 8

Mac's Black 8

Good George IPA 8.5

Zero Alcohol Beer (0%) Heineken Zero 9

Low Alcohol Beer(2.5%) Good George 8.5

Cider Zeffer Crisp Apple 9

Bar Spirits 9

### SOFT DRINKS

#### Bundaberg 5

Ginger Beer – Classic & Lite  
Lemon, Lime & Bitters

#### Phoenix Organics 5

Blackcurrant  
Orange Mango  
Apple Feijoa  
Juicy Apple  
Lemonade  
Sparkling Cranberry, Lime &  
Apple  
Sparkling Feijoa, Lemon &  
Apple

#### Coca Cola Range 5

Coke, Coke Zero  
Sprite, Sprite Zero

#### Other

Chi 5  
Iced Chocolate/Coffee  
/Mocha 7.5  
Tomato Juice 7  
Kids Charlie's Juice  
pouch 4  
Orange Juice glass 4  
Orange Juice carafe 16  
V can 4.5

### HOT DRINKS

#### Coffees

Flat White 5/5.5  
Cappuccino 5/5.5  
Latte 5/5.5  
Chai Latte 5  
Long Black 4.5  
Espresso 4.5

#### Teas 4.5

English Breakfast  
Earl Grey

Americano 4.5  
Macchiato 4.5  
Vienna 5.5  
Mocha 5/5.5  
Hot Chocolate 4.5/5  
Fluffy 2

Green tea  
Peppermint

Note that our meals may change subject to ingredient availability

PROF'S@WOODLANDS [chat@profs.co.nz](mailto:chat@profs.co.nz), Ph 0274690694, [www.profs.co.nz](http://www.profs.co.nz)